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STOP PAIN: QUICK CUES TO SELF-EMPOWERMENT (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. Pain can interfere with life and work. These quick cue steps can help STOP Pain. When the natural power of one's own body is used to stop pain, it is very self-empowering. Medication may be added to supplement these steps for severe or persistent pain, but narcotic based medication should be used very sparingly to avoid addiction that can be...

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- Authored by Dr Bob Peddicord
- Released at 2017

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Reviews

A really wonderful ebook with perfect and lucid answers. It is really interesting through looking at period of time. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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