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STOP PAIN: QUICK CUES TO SELF-EMPOWERMENT (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Pain can interfere with life and work. These quick cue steps can help STOP Pain. When the natural power of one s own body is used to stop pain, it is very self-empowering. Medication may be added to supplement these steps for severe or persistent pain, but narcotic based medication should be used very sparingly to avoid addiction that can be...

Read PDF Stop Pain: Quick Cues to Self-Empowerment (Paperback)

- Authored by Dr Bob Peddicord
- Released at 2017



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Reviews

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