



## The Enchiridion of Epictetus (Paperback)

By Epictetus Epictetus

Smk Books, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. No writings of Epictetus himself are really known. His discourses were transcribed and compiled by his pupil Arrian (author of the *Anabasis Alexandri*). The main work is *The Discourses*, four books of which have been preserved (out of an original eight). Arrian also compiled a popular digest, entitled the *Enchiridion*, or *Handbook*. In a preface to the *Discourses*, addressed to Lucius Gellius, Arrian states that whatever I heard him say I used to write down, word for word, as best I could, endeavouring to preserve it as a memorial, for my own future use, of his way of thinking and the frankness of his speech.



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