



The Drinking Man's Diet

By Robert Cameron

Cameron & Company Inc. Paperback. Book Condition: new. BRAND NEW, The Drinking Man's Diet, Robert Cameron, "The Drinking Man's Diet", granddaddy and originator of all low carb diets, was first published in 1964 and sold 2,400,000 copies in 13 languages. It does not encourage drinking but understands that upwards of 60 million people in the US alone enjoy a Carbo-Free cocktail every now and then.



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